

Indian School Al Wadi Al Kabir

Pre Mid-term Examination (2025-2026)

Class: X Subject: **HOME SCIENCE (064)** Max. marks: 30 Date: 08.05.2025 SET- 1 Time: 1 hour

General Instructions

- 1. All questions are compulsory.
- 2. There are 20 questions in total.
- 3. Question paper is divided into three sections-A, B, C & D.
- 4. Section A has question no.1 to 13 (multiple choice questions) and are of 1 mark each.
- 5. Section B has Question no. 14 to 16 (case study-based questions) and are of 1 mark each.
- 6. Section C has question no.17 of 2 marks and question no.18 of 3 marks.
- 7. Section D has question no.19 of 4 marks and question no.20 of 5 marks.
- 8. Internal choices are given in some questions.
- 9. Support your answers with suitable examples wherever required.

	SECTION A	
1.	At which developmental stage is a child most likely to have acquired a vocabulary of approximately 2,000 to 2,500 words?	1
	(A) 2 to 3 years	
	(B) 9 to 10 years	
	(C) 5 to 6 years	
	(D) 7 to 8 years	
2.	Riya is learning about the different stages of human development in her Home Science class. She read that adolescence is a phase of rapid physical, emotional, and social	1
	changes. Based on this, can you identify the correct age range for the adolescent stage?	
	(A) 11 to 18	
	(B) 11 to 21	
	(C) 10 to 18	
	(D) 10 to 21	
3.	Jeena is a pre-primary teacher who is designing learning activities for children aged 3 to 5 years. She wants to ensure her activities match the developmental stage of her students. Considering the unique characteristics of early childhood, which of the	1
	following is not correct name with this age group?	

	(A) Why stage(B) Pre-gang Stage(C) Concrete Operational Stage(D) Exploratory Stage	
4.	Rohan has recently started experiencing mood swings, feel intense emotions, self-conscious and a stronger desire for independence. His teacher explained that these are normal during a specific stage of growth. Which stage is Rohan likely going through? (A) Infancy (B) Childhood (C) Adolescence (D) Adulthood	1
5.	Harshini's teeth started shedding when she was a child. At what age do children typically begin to shed their milk teeth, and how many milk teeth do they usually have? (A) 6 years & 28 teeth (B) 6 years & 20 teeth (C) 8 years & 28 teeth (D) 8 years & 20 teeth	1
6.	Jacob was upset and started throwing his toys. After playing in the sandpit for some time, he calmed down. What does this situation show about the role of play? (A) Play helps children stay indoors (B) Play helps children express and manage emotions (C) Play makes children tired (D) Play teaches children how to count	1
7.	In kindergarten, the teacher asked the children to arrange sticks in order of height. Although all the children attempted the task, they did not arrange the sticks correctly. Which type of cognitive development does this situation illustrate? (A) Transductive reasoning (B) Hierarchical classification (C) Centration (D) Seriation	1
8.	While playing games, children take on different roles like cooking, cleaning, or fetching water. What important skills are children developing through such play?	1

	(A) Only physical strengt (B) Social and emotional (C) Skills to win in compo (D) None of the above	skills like sharing, communication, and problem-solving	
9.	In a doctor-patient game where children pretend to be doctors and patients, follow rules, show emotions like pain and care, and act seriously. What type of play is being demonstrated?		1
	(A) Physical play(B) Constructive play(C) Make-believe play(D) Solitary play		
10.	Match List I with List II		1
	List I [Age]	List II [Appropriate Toys]	
	a. 6-12 months	(i) wind chimes & colourful mobiles	
	b. 3-6 months	(ii) drum & plastic gardening tools	
	c. 18-24 months	(iii) soft blocks & toys that pop up	
	1 0 2	• • • •	1 1
	d. 0-3 months	(iv) rattles & teethers	
	(A) a-(iv); b-(i); c-(ii); (B) a-(iii); b-(iv); c-(i); (C) a-(iii); b-(iv); c-(ii); (D) a-(iii); b-(iv); c-(iii);	om the following; d- (iii) d- (ii) ; d- (iv)	
11.	(A) a-(iv); b-(i); c-(ii); (B) a-(iii); b-(iv); c-(i); (C) a-(iii); b-(i); c-(ii); (D) a-(iii); b-(iv); c-(ii) A child is sitting quietly and v	om the following; d- (iii) d- (ii) ; d- (iv)	
11.	(A) a-(iv); b-(i); c-(ii); (B) a-(iii); b-(iv); c-(i); (C) a-(iii); b-(i); c-(ii); (D) a-(iii); b-(iv); c-(ii) A child is sitting quietly and v	d- (iii) d- (ii) g- (iv) yetching others play or listening to a story being read.	1
11.	Choose the correct option fr (A) a-(iv); b-(i); c-(ii); (B) a-(iii); b-(iv); c-(i); (C) a-(iii); b-(i); c-(ii); (D) a-(iii); b-(iv); c-(ii) A child is sitting quietly and v. The child is not physically inv (A) Play is passive (B) Play is active	d- (iii) d- (ii) g- (iv) yetching others play or listening to a story being read.	1
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	Choose the correct option fr (A) a-(iv); b-(i); c-(ii); (B) a-(iii); b-(iv); c-(i); (C) a-(iii); b-(i); c-(ii); (D) a-(iii); b-(iv); c-(ii) A child is sitting quietly and v The child is not physically inv (A) Play is passive (B) Play is active (C) Play is serious (D) Play is natural	d- (iii) d- (ii) g- d- (iv) y- d- (i) watching others play or listening to a story being read. wolved but is still learning. What type of play is this?	
11.	Choose the correct option fr (A) a-(iv); b-(i); c-(ii); (B) a-(iii); b-(iv); c-(i); (C) a-(iii); b-(i); c-(ii); (D) a-(iii); b-(iv); c-(ii) A child is sitting quietly and v The child is not physically inv (A) Play is passive (B) Play is active (C) Play is serious (D) Play is natural Given below are two statements Assertion (A): In the mid-	d- (iii) d- (ii) g- (iv) yetching others play or listening to a story being read.	

Select the most appropriate answer from the options given below: (A) Both A and R are true and R is the correct explanation of A. (B) Both A and R are true but R is not the correct explanation of A. (C) A is true but R is false. (D) A is false but R is true. 13. Given below are two statements labelled as Assertion (A) and Reason (R) 1 **Assertion (A):** Play is a spontaneous and natural activity often without any aim. **Reason** (R): Play materials should not stimulate the mental and social development of the child. Select the most appropriate answer from the options given below: (A) Both A and R are true and R is the correct explanation of A. (B) Both A and R are true but R is not the correct explanation of A. (C) A is true but R is false. (D) A is false but R is true. **SECTION B** CASE-STUDY BASED QUESTIONS Read the passage carefully. Answer question no. 14 to 16. Early childhood and middle childhood are crucial stages in a child's physical, cognitive, and emotional development. During these years, children experience significant growth in their ability to move, control, and coordinate their bodies known as motor abilities. In early childhood, children begin developing foundational gross motor skills. As they progress into middle childhood, these motor abilities become more refined and controlled, enabling them to participate in more complex physical activities. The development of motor abilities during these stages not only supports physical health but also enhances social interaction, confidence, and independence.

14.	Match List I with List II			
	List I [Age]	List II [Characteristics of Motor Development]		
	a. 2-3 years	(i) Draws a person with six parts		
	b. 3-4 years	(ii) Jump hurdles & dribble a ball		
	c. 5-6 years	(iii) Walk backwards		
	d. 10-11 years	(iv) Tad pole picture		
	Choose the correct option from the following;			
	(A) a-(iii); b-(i); c-(ii); d- (iv)			
	(A) a-(iii), b-(i), c-(ii), d-(iv) (B) a-(iii); b-(iv); c-(i); d- (ii)			
	(C) a-(iii); b-(iv); c-(iv); d- (ii)			
	(D) a-(iv); b-(iii); c			
15.	middle childhood, identify w (A) Skip continuously	Based on your understanding of motor development during hich of the following activity he can perform effectively. Il accurately with speed th a bat	1	
16.		ity to walk on his toes, jump rope, skate, and dress himself e developmental milestones, to which age group does he	1	
	(B) 5–6 years (C) 7–8 years (D) None of the above			
		SECTION C		
17.	'Play is exploratory or curious	s'. Explain this statement with a relevant example.	2	
18.	Explain the following terms v middle childhood: (A) Animistic Thinking (B) Fantasy	with appropriate examples in the context of early and	3	

	SECTION D		
19.	Mrs. Hema wants to buy toys for her child as a birthday gift. As a responsible parent, what factors should she consider while selecting the toys? Explain how these considerations reflect her awareness as a consumer and her concern for her child's wellbeing.	4	
	OR		
	Define Home Science. How does the study of Home Science empower learners with practical skills and knowledge for real-life application? Illustrate your answer with examples.		
20.	Anikha notices that her 13-year-old brother is showing several physical changes. These changes are part of a natural stage in human development known as adolescence.	5	
	Identify and explain any one primary and four secondary physical characteristics that commonly appear during adolescence in boys.		
	OR		
	Arnav, a 14-year-old student, is experiencing various changes in the way he interacts with others. His teacher explained that these are part of the social characteristics observed during adolescence.		
	Based on Arnav's experiences, identify and explain any three social changes commonly observed during adolescence. Support your answer with relevant examples.		